



Lisa Kelly

President and Founder
Kelly Wellness Consulting Inc.
Workplace Wellness Centre of Excellence

Global Workplace Wellness Consultant – Trainer – Coach

Creating healthy, thriving workplaces **together** through...

- Workplace Wellness Certification Programs
- Executive Wellness Leadership Programs
- Executive Wellness Coaching Programs
- Focus on Healthy Eating Programs
- Stress Mastery Coaching Programs
- Workplace wellness strategic planning, program design and delivery
- Corporate training of Wellness Ambassadors and committees
- Culture building and team development
- Virtual and onsite programs/coaching

Qualifications...

- Over 25 years combined experience in training and development, consulting and coaching services to corporate and government sectors
- Global Workplace Wellness Consultant, Trainer, and Coach
- WELCOA Top 100 Health Promotion Professional
- Corporate Health and Wellness Specialist
- Master's in Post Secondary Education
- Bachelor of Commerce
- Certified Holistic Nutritional Consultant™
- Certified Professional Coach
- Certified Intrinsic Coach

Mobilizing employees and organizations towards higher performance, growth and success!



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